

Howard County Office of Children and Families

Training Calendar

Registration and payment are required in advance for all classes

Workshops are held virtually through WebEx by the Department of Community Resources and Services' Office of Children and Families, 9830 Patuxent Woods Drive, Columbia, MD 21046, unless otherwise noted.

Online registration only For questions, contact: Kristin Reel at kreel@howardcountymd.gov.

January

Beyond Mr. Yuk: Poison Safety and Prevention

In Person

Tues., Jan. 4 / 6:30 PM - 8:30 PM / \$0

K. Reel / 2 HSN

Learn how Poison Control Center can support you and offer you help in times of need. Understand how to keep potentially hazardous materials out of reach from children. Notice importance of universal precautions and labels.

Autism Spectrum Disorder: A Child's Perspective

Virtual

Thurs., Jan. 6 / 6:30 PM - 9:30 PM / \$0

G. Ferentinos / 3 SN

This workshop will explore the world of autism as seen through the eyes of a child with a focus on the range and variance of symptoms as a spectrum disorder.

Discipline is Teaching: Positive Strategies to

Reduce Challenging Behavior Virtual

Thurs., Jan 12 / 6:30 PM - 9:30 PM / \$30

S. Burke / 1.5 CUR 1.5 CD

Prevention is the best form of intervention! Challenging Behavior is to be expected when working with children but not everyone is equipped with strategies on how to prevent and manage challenging behavior. Participants will learn strategies to both prevent and to handle challenging behavior including natural consequences, discipline, and ways to teach self-discipline. Participants will leave with a "toolkit" of approaches surrounding behavior to use in their early childhood programs.

Emergency Preparedness Virtual

Wed., Jan. 12, 19 / 6:30 PM - 9:30 PM / \$30

J. Johnson / 6 HSN

This six-hour workshop meets the OCC requirements for Emergency Preparedness training. Participants will complete an approved emergency preparedness plan in the workshop.

Respecting All Family Structures Virtual

Thurs., Jan. 20 / 6:30 PM - 8:30 PM / \$20

S. Burke / 2 COM

Family structures have moved away from the traditional nuclear family. Identify different family structures that you may encounter in your program. Explore ways to make all children and their families welcome in your program.

Healthy Lifestyles Lead to a Healthy You Virtual

Thurs., Jan. 24 / 6:30 PM - 8:30 PM / \$20

R. Gordon / 2 COM

This workshop will highlight the childhood obesity crisis in the United States. Early Childhood Professionals will garner ideas to help combat obesity through nutrition and exercise. Participants will make two props for enhancement of movement activities in their program.

Growing Vegetable Soup: Connecting Children to Healthy Foods In Person

Mon., Jan. 31 / 6:30 PM - 9:30 PM / \$0

K. Reel / 2 HSN

Many young children do not know where the food they eat comes from – this workshop explores ways to connect children to healthy foods, discovering where their food comes from and ways in which they can interact with food in the classroom and outdoor spaces as well as beyond the childcare. will make two props for enhancement of movement activities in their program.

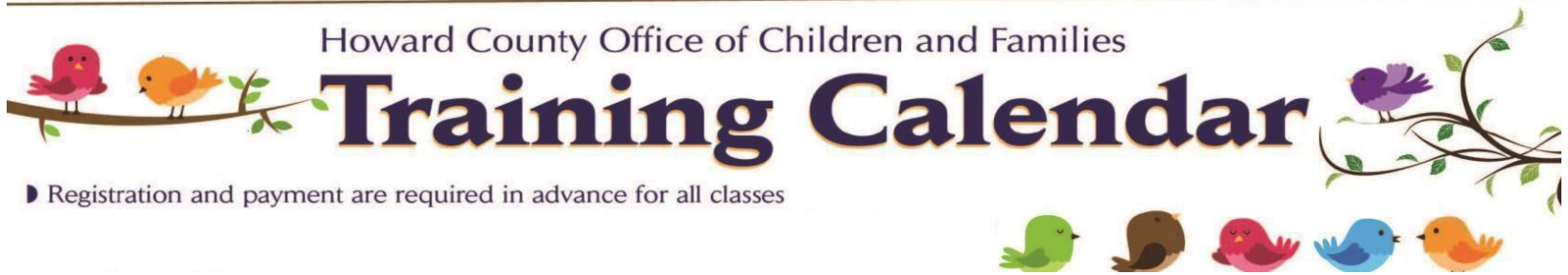
February

Basic Health and Safety Training with Breastfeeding Virtual

Thurs., Feb. 3 / 6:30 PM - 9:30 PM / \$30

S. Peyser / 3 HSN

This training provides information about health and safety topics for all child care providers to meet the requirement of the licensing regulation. Key topics include: establishing and maintaining safe and healthy environments, teaching safe practices to prevent and reduce injuries, identification and reporting of abuse or neglect and proper sanitation practices and procedures. Completion of this training does not meet requirements for specified training in Medication Administration, Emergency and Disaster Preparedness, CPR or First Aid.



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Family-Provider Partnerships In - Person

Mon., Feb. 7 / 6:30 PM - 9:30 PM / \$30

S. Raynes / 3 PRO

Understanding the importance of building strong partnerships with families is essential to providing quality child care. Relationships built on trust and respect are the cornerstone that allow children and adults to thrive in a caring community. In this workshop you will learn techniques and strategies to build partnerships with families.

Supporting Breastfeeding in Child Care Virtual

Wed., Feb. 9 / 6:30 PM - 7:00 PM / \$0

J. Johnson / .5 CONT

This session meets the training requirement for the MSDE regulations regarding supporting breastfeeding.

SIDS, SUID and Other Sleep-Related Infant Deaths Virtual

Wed., Feb. 9 / 7:00 - 9:00 PM / \$0

J. Johnson / 2 HSN

This session meets the training requirement for the MSDE regulations regarding SIDS, and other sleep-related infant mortality in child care. Participants will receive ideas and resources to support breastfeeding and preventing or decreasing SIDS-related infant mortality.

Including All Children and the Americans with Disabilities Act (ADA) Virtual

Thurs., Feb. 10 / 6:30 - 9:30 PM / \$0

K. Reel / 3 SN

Including all children in your child care program can be challenging if you don't understand what you are required to do. Explore the requirements of the Americans with Disabilities Act (ADA) for early care programs, examine best inclusionary practices and learn about resources which can support you and your families.

Imagineering in the Classroom Virtual

Tues., Feb. 15 / 6:30 - 9:30 PM / \$0

R. Gordon / 3 CUR

In today's engineering marketplace it has become apparent that adults who are able to use their creativity and imaginations are in high demand, studies have shown however that adult creativity is on the decline. In this workshop we will look at strategies and materials in which you can use to support the child's innate creative ability and imagination while he or she explores engineering in the classroom.

Medication Administration (2 part) Virtual / In Person

Tues., Feb. 15 Virtual, Thurs., Feb. 17 In person / 6:30 - 9:30 PM / \$70

C. Fleming / 6 HSN

This MSDE-designed workshop will teach providers what they need to know when administering medication to children. Learn how to give oral, topical, inhaled, and emergency medicines to infants and children; how to keep accurate records, regulations for hygiene, safety, and measurement. **MUST ATTEND BOTH SESSIONS.**

Nurturing Brain Development Virtual

Wed., Feb. 16 / 6:30 - 9:30 PM / \$0

E. Benemerito / 3 CD

In this workshop we will look at the science of infant brain development and focus on caring techniques that promote brain development, social emotional development and communication.

Supporting Dual Language Learners: Infancy through Preschool Virtual

Thurs., Feb. 17, 24 / 6:30 - 9:30 PM / \$20

S. Burke / 2 CD 2 COM

This session provides a foundation for understanding how young children (age birth to five) acquire English while they are still developing or consolidating their home language. Caregivers will gain a better understanding of the common misconceptions that exist regarding learning a second language. In addition, caregivers will be able to discuss and rehearse strategies to support Dual Language Learners. **MUST ATTEND BOTH SESSIONS.**

Cross-Cultural Support for Grieving Children and Families In Person

Mon., Feb. 28 / 6:30 - 9:30 PM / \$0

K. Reel / 3 CD

Supporting someone as they struggle through loss and grief can be incredibly difficult, especially when the bereaved individual is a child. Through this interactive and informative workshop, participants will learn what children understand about death at different ages and what their grief might look like. We will also cover practical information about supportive things to say and do for children and adults who are grieving. Please note: This workshop may be emotionally triggering for some. If you have recently experienced a loss, you may want to consider attending an alternative workshop.